

Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

DR: 03:14,22 - Johanna Schikora (TC fez Berlin) am 09.07.2022 in Birmingham
DJR 12 bis 17 J. (2011-2006): 03:17,47 - Johanna Schikora (TC fez Berlin) am 04.07.2017 in Wroclaw

Pflichtzeiten

2011: 05:25,00 2010: 05:10,00 2009: 05:00,00 2008: 04:50,00 2007: 04:45,00 2006: 04:40,00
2002 bis 2005: 04:24,00 1995 bis 2001: 04:20,00 1989 bis 1994: 04:45,00 1979 bis 1988: 04:55,00 1969
bis 1978: 05:20,00 1959 bis 1969: 06:20,00 1958 und älter: 07:00,00

Kategorie D

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Amelie Liedloff	2010	TC Marzahn e.V.	04:24,40
	100m: 01:00,56 (01:00,56) 200m: 02:09,69 (01:09,13) 300m: 03:19,52 (01:09,83)			
	400m: 04:24,40 (01:04,88)			
	Bella Stobbe	2011	Berliner TSC e.V.	04:26,03
	100m: 01:02,43 (01:02,43) 200m: 02:11,48 (01:09,05) 300m: 03:21,15 (01:09,67)			
	400m: 04:26,03 (01:04,88)			
	Freya Buch	2010	TSC Rostock 1957	04:37,55
	100m: 01:05,78 (01:05,78) 200m: 02:18,45 (01:12,67) 300m: 03:31,75 (01:13,30)			
	400m: 04:37,55 (01:05,80)			
	Lenja Eweleit	2011	TC Marzahn e.V.	04:39,66
	100m: 01:06,21 (01:06,21) 200m: 02:19,26 (01:13,05) 300m: 03:31,50 (01:12,24)			
	400m: 04:39,66 (01:08,16)			
	Lene Berger	2010	SC Riesa Sekt Flossenschwimmen	04:45,26
	100m: 01:04,75 (01:04,75) 200m: 02:20,40 (01:15,65) 300m: 03:34,70 (01:14,30)			
	400m: 04:45,26 (01:10,56)			
	Annie Seyfarth	2010	TSC Weimar e.V.	04:46,20
	100m: 01:06,78 (01:06,78) 200m: 02:24,50 (01:17,72) 300m: 03:37,11 (01:12,61)			
	400m: 04:46,20 (01:09,09)			
	Jula Reichardt	2010	TSC Rostock 1957	04:50,35
	100m: 01:07,83 (01:07,83) 200m: 02:23,26 (01:15,43) 300m: 03:39,86 (01:16,60)			
	400m: 04:50,35 (01:10,49)			
	Emily Müller	2011	TC submarin Pößneck	05:04,16
	100m: 01:10,92 (01:10,92) 200m: 02:29,08 (01:18,16) 300m: 03:49,64 (01:20,56)			
	400m: 05:04,16 (01:14,52)			
	Ida Hönisch	2011	SC Riesa Sekt Flossenschwimmen	05:18,04
	100m: 01:12,38 (01:12,38) 200m: 02:35,43 (01:23,05) 300m: 04:00,11 (01:24,68)			
	400m: 05:18,04 (01:17,93)			
	Ronja Leonhardt	2011	TC Chemie Greiz e.V.	05:20,39
	100m: 01:13,82 (01:13,82) 200m: 02:37,40 (01:23,58) 300m: 04:01,97 (01:24,57)			
	400m: 05:20,39 (01:18,42)			
	<u>nicht am Start</u>			
	Fine Erna Behrmann	2011	Tauchsportclub Erfurt e.V.	

noch Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

Kategorie C

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Tessa Bublitz	2008	Berliner TSC e.V.	03:46,31
	100m: 00:51,48 (00:51,48) 200m: 01:50,83 (00:59,35) 300m: 02:50,60 (00:59,77)			
	400m: 03:46,31 (00:55,71)			
	Matilda Herzog	2009	Berliner TSC e.V.	04:15,02
	100m: 01:00,31 (01:00,31) 200m: 02:08,51 (01:08,20) 300m: 03:14,65 (01:06,14)			
	400m: 04:15,02 (01:00,37)			
	Elisa Hölzer	2009	Tauchclub Heilbronn	04:18,44
	100m: 00:58,88 (00:58,88) 200m: 02:06,07 (01:07,19) 300m: 03:13,59 (01:07,52)			
	400m: 04:18,44 (01:04,85)			
	Hedi Gelbricht	2009	TSC Rostock 1957	04:23,77
	100m: 01:01,60 (01:01,60) 200m: 02:09,26 (01:07,66) 300m: 03:18,41 (01:09,15)			
	400m: 04:23,77 (01:05,36)			
	Lotta Liebhold	2008	TSG TU Ilmenau 56 e.V.	04:29,02
	100m: 01:00,45 (01:00,45) 200m: 02:10,36 (01:09,91) 300m: 03:22,05 (01:11,69)			
	400m: 04:29,02 (01:06,97)			
	Marlene Zündel	2009	Tauchclub Harz	04:31,07
	100m: 01:00,48 (01:00,48) 200m: 02:12,06 (01:11,58) 300m: 03:22,06 (01:10,00)			
	400m: 04:31,07 (01:09,01)			
	Martha Blumenstein	2009	Tauchsportclub Erfurt e.V.	04:32,13
	100m: 01:02,01 (01:02,01) 200m: 02:13,12 (01:11,11) 300m: 03:25,90 (01:12,78)			
	400m: 04:32,13 (01:06,23)			
	Anabel Grabner	2009	Berliner TSC e.V.	04:35,15
	100m: 01:06,17 (01:06,17) 200m: 02:18,27 (01:12,10) 300m: 03:31,07 (01:12,80)			
	400m: 04:35,15 (01:04,08)			
	Friederike Kuntz	2009	TSC Rostock 1957	04:36,51
	100m: 01:04,50 (01:04,50) 200m: 02:16,42 (01:11,92) 300m: 03:27,81 (01:11,39)			
	400m: 04:36,51 (01:08,70)			
	Ella Demmrich	2008	TC Marzahn e.V.	04:38,10
	100m: 01:03,36 (01:03,36) 200m: 02:15,51 (01:12,15) 300m: 03:29,35 (01:13,84)			
	400m: 04:38,10 (01:08,75)			
	Mia Drewelow	2008	TSC Rostock 1957	04:46,32
	100m: 01:07,49 (01:07,49) 200m: 02:20,92 (01:13,43) 300m: 03:35,70 (01:14,78)			
	400m: 04:46,32 (01:10,62)			
	Romy Kießling	2009	Tauchclub Oberspree e.V.	04:50,92
	100m: 01:08,17 (01:08,17) 200m: 02:23,10 (01:14,93) 300m: 03:39,53 (01:16,43)			
	400m: 04:50,92 (01:11,39)			

Kategorie B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Meret Gerlach	2007	SSC Halle	03:58,53
	100m: 00:56,32 (00:56,32) 200m: 01:57,58 (01:01,26) 300m: 02:58,90 (01:01,32)			
	400m: 03:58,53 (00:59,63)			
	Emily Rödl	2007	TSC Schwandorf.de	03:59,04
	100m: 00:55,45 (00:55,45) 200m: 01:57,16 (01:01,71) 300m: 03:00,00 (01:02,84)			
	400m: 03:59,04 (00:59,04)			

noch Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

noch Kategorie B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
	Elisa Mencke	2006	TSC Rostock 1957	04:03,61	
	100m: 00:57,60 (00:57,60) 200m: 02:00,36 (01:02,76) 300m: 03:03,47 (01:03,11)				
	400m: 04:03,61 (01:00,14)				
	Johanna Hermine Ullrich	2007	1. Chemnitzer Tauchverein e.V.	04:11,94	
	100m: 00:57,41 (00:57,41) 200m: 02:03,72 (01:06,31) 300m: 03:10,82 (01:07,10)				
	400m: 04:11,94 (01:01,12)				
	Elisabeth Risse	2007	Tauchclub Harz	04:15,03	
	100m: 00:57,70 (00:57,70) 200m: 02:03,84 (01:06,14) 300m: 03:10,03 (01:06,19)				
	400m: 04:15,03 (01:05,00)				
	Leonor Heinitz	2006	Tauchsportclub Erfurt e.V.	04:15,97	
	100m: 01:00,47 (01:00,47) 200m: 02:05,72 (01:05,25) 300m: 03:12,63 (01:06,91)				
	400m: 04:15,97 (01:03,34)				
	Zoe Götz	2007	TC Marzahn e.V.	04:18,95	
	100m: 00:59,32 (00:59,32) 200m: 02:05,67 (01:06,35) 300m: 03:14,32 (01:08,65)				
	400m: 04:18,95 (01:04,63)				
	Marielena Rüdiger	2007	TC fez Berlin	04:46,19	RG
	100m: 01:08,78 (01:08,78) 200m: 02:25,47 (01:16,69) 300m: 03:39,53 (01:14,06)				
	400m: 04:46,19 (01:06,66)				
	<u>nicht am Start</u>				
	Paula Ahnert	2006	TC fez Berlin		
	Sophie von Gynz Rekowski	2007	Tauchclub Harz		

Junior:innen

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
	Chiara Junghans	2003	Tauchclub Potsdam	03:48,04	
	100m: 00:53,25 (00:53,25) 200m: 01:50,88 (00:57,63) 300m: 02:50,28 (00:59,40)				
	400m: 03:48,04 (00:57,76)				
	Miriam Kupka	2005	TC Chemie Greiz e.V.	03:48,80	
	100m: 00:53,79 (00:53,79) 200m: 01:51,83 (00:58,04) 300m: 02:51,92 (01:00,09)				
	400m: 03:48,80 (00:56,88)				
	Florentine Tesch	2005	TC fez Berlin	03:50,74	
	100m: 00:50,70 (00:50,70) 200m: 01:48,41 (00:57,71) 300m: 02:49,34 (01:00,93)				
	400m: 03:50,74 (01:01,40)				
	Louise Altenstein	2005	SG Finswimming Jena	04:00,64	
	100m: 00:55,01 (00:55,01) 200m: 01:55,11 (01:00,10) 300m: 02:59,22 (01:04,11)				
	400m: 04:00,64 (01:01,42)				
	Julia Walter	2004	Binger Tauchsportclub e.V.	04:04,35	
	100m: 00:57,75 (00:57,75) 200m: 02:00,93 (01:03,18) 300m: 03:03,80 (01:02,87)				
	400m: 04:04,35 (01:00,55)				

noch Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

Master A

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Caroline Steenken	1990	DJK - VfR Mülheim Saarn	04:01,57
	100m: 00:57,43 (00:57,43) 200m: 01:59,52 (01:02,09) 300m: 03:02,61 (01:03,09)			
	400m: 04:01,57 (00:58,96)			

Master B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Steffi Leipold	1979	Tauchsportclub Erfurt e.V.	04:28,01
	100m: 01:01,19 (01:01,19) 200m: 02:12,42 (01:11,23) 300m: 03:22,75 (01:10,33)			
	400m: 04:28,01 (01:05,26)			
	Margarethe Klar	1986	SG Dresden (TC)	04:42,63
	100m: 01:04,10 (01:04,10) 200m: 02:17,02 (01:12,92) 300m: 03:31,70 (01:14,68)			
	400m: 04:42,63 (01:10,93)			

Master C

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Sandra Häßler	1977	DJK - VfR Mülheim Saarn	04:13,19
	100m: 00:59,11 (00:59,11) 200m: 02:02,84 (01:03,73) 300m: 03:08,79 (01:05,95)			
	400m: 04:13,19 (01:04,40)			
	Annett Lopez	1977	TC Marzahn e.V.	04:31,79
	100m: 01:01,26 (01:01,26) 200m: 02:10,76 (01:09,50) 300m: 03:22,04 (01:11,28)			
	400m: 04:31,79 (01:09,75)			

Master D

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Ursula Tiszold	1963	Tauchsportclub Erfurt e.V.	05:39,91
	100m: 01:16,45 (01:16,45) 200m: 02:43,29 (01:26,84) 300m: 04:12,60 (01:29,31)			
	400m: 05:39,91 (01:27,31)			

offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Juliane Starke	1997	Tauchclub Potsdam	03:46,03
	100m: 00:53,26 (00:53,26) 200m: 01:51,35 (00:58,09) 300m: 02:50,07 (00:58,72)			
	400m: 03:46,03 (00:55,96)			
	Tessa Bublitz	2008	Berliner TSC e.V.	03:46,31
	100m: 00:51,48 (00:51,48) 200m: 01:50,83 (00:59,35) 300m: 02:50,60 (00:59,77)			
	400m: 03:46,31 (00:55,71)			
	Johanna Köhn	1998	SSV Freiburg	03:46,86
	100m: 00:54,15 (00:54,15) 200m: 01:51,62 (00:57,47) 300m: 02:50,69 (00:59,07)			
	400m: 03:46,86 (00:56,17)			
	Chiara Junghans	2003	Tauchclub Potsdam	03:48,04
	100m: 00:53,25 (00:53,25) 200m: 01:50,88 (00:57,63) 300m: 02:50,28 (00:59,40)			
	400m: 03:48,04 (00:57,76)			

noch Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

noch offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Miriam Kupka	2005	TC Chemie Greiz e.V.	03:48,80
	100m: 00:53,79 (00:53,79) 200m: 01:51,83 (00:58,04) 300m: 02:51,92 (01:00,09) 400m: 03:48,80 (00:56,88)			
	Florentine Tesch	2005	TC fez Berlin	03:50,74
	100m: 00:50,70 (00:50,70) 200m: 01:48,41 (00:57,71) 300m: 02:49,34 (01:00,93) 400m: 03:50,74 (01:01,40)			
	Meret Gerlach	2007	SSC Halle	03:58,53
	100m: 00:56,32 (00:56,32) 200m: 01:57,58 (01:01,26) 300m: 02:58,90 (01:01,32) 400m: 03:58,53 (00:59,63)			
	Emily Rödl	2007	TSC Schwandorf.de	03:59,04
	100m: 00:55,45 (00:55,45) 200m: 01:57,16 (01:01,71) 300m: 03:00,00 (01:02,84) 400m: 03:59,04 (00:59,04)			
	Louise Altenstein	2005	SG Finswimming Jena	04:00,64
	100m: 00:55,01 (00:55,01) 200m: 01:55,11 (01:00,10) 300m: 02:59,22 (01:04,11) 400m: 04:00,64 (01:01,42)			
	Caroline Steenken	1990	DJK - VfR Mülheim Saarn	04:01,57
	100m: 00:57,43 (00:57,43) 200m: 01:59,52 (01:02,09) 300m: 03:02,61 (01:03,09) 400m: 04:01,57 (00:58,96)			
	Elisa Mencke	2006	TSC Rostock 1957	04:03,61
	100m: 00:57,60 (00:57,60) 200m: 02:00,36 (01:02,76) 300m: 03:03,47 (01:03,11) 400m: 04:03,61 (01:00,14)			
	Julia Walter	2004	Binger Tauchsportclub e.V.	04:04,35
	100m: 00:57,75 (00:57,75) 200m: 02:00,93 (01:03,18) 300m: 03:03,80 (01:02,87) 400m: 04:04,35 (01:00,55)			
	Johanna Hermine Ullrich	2007	1. Chemnitzer Tauchverein e.V.	04:11,94
	100m: 00:57,41 (00:57,41) 200m: 02:03,72 (01:06,31) 300m: 03:10,82 (01:07,10) 400m: 04:11,94 (01:01,12)			
	Sandra Häßler	1977	DJK - VfR Mülheim Saarn	04:13,19
	100m: 00:59,11 (00:59,11) 200m: 02:02,84 (01:03,73) 300m: 03:08,79 (01:05,95) 400m: 04:13,19 (01:04,40)			
	Matilda Herzog	2009	Berliner TSC e.V.	04:15,02
	100m: 01:00,31 (01:00,31) 200m: 02:08,51 (01:08,20) 300m: 03:14,65 (01:06,14) 400m: 04:15,02 (01:00,37)			
	Elisabeth Risse	2007	Tauchclub Harz	04:15,03
	100m: 00:57,70 (00:57,70) 200m: 02:03,84 (01:06,14) 300m: 03:10,03 (01:06,19) 400m: 04:15,03 (01:05,00)			
	Leonor Heinitz	2006	Tauchsportclub Erfurt e.V.	04:15,97
	100m: 01:00,47 (01:00,47) 200m: 02:05,72 (01:05,25) 300m: 03:12,63 (01:06,91) 400m: 04:15,97 (01:03,34)			
	Lisa Walter	1997	Binger Tauchsportclub e.V.	04:16,96
	100m: 01:00,10 (01:00,10) 200m: 02:06,25 (01:06,15) 300m: 03:12,34 (01:06,09) 400m: 04:16,96 (01:04,62)			
	Elisa Hölzer	2009	Tauchclub Heilbronn	04:18,44
	100m: 00:58,88 (00:58,88) 200m: 02:06,07 (01:07,19) 300m: 03:13,59 (01:07,52) 400m: 04:18,44 (01:04,85)			

noch Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

noch offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Zoe Götz	2007	TC Marzahn e.V.	04:18,95
	100m: 00:59,32 (00:59,32) 200m: 02:05,67 (01:06,35) 300m: 03:14,32 (01:08,65) 400m: 04:18,95 (01:04,63)			
	Hedi Gelbricht	2009	TSC Rostock 1957	04:23,77
	100m: 01:01,60 (01:01,60) 200m: 02:09,26 (01:07,66) 300m: 03:18,41 (01:09,15) 400m: 04:23,77 (01:05,36)			
	Amelie Liedloff	2010	TC Marzahn e.V.	04:24,40
	100m: 01:00,56 (01:00,56) 200m: 02:09,69 (01:09,13) 300m: 03:19,52 (01:09,83) 400m: 04:24,40 (01:04,88)			
	Bella Stobbe	2011	Berliner TSC e.V.	04:26,03
	100m: 01:02,43 (01:02,43) 200m: 02:11,48 (01:09,05) 300m: 03:21,15 (01:09,67) 400m: 04:26,03 (01:04,88)			
	Steffi Leipold	1979	Tauchsportclub Erfurt e.V.	04:28,01
	100m: 01:01,19 (01:01,19) 200m: 02:12,42 (01:11,23) 300m: 03:22,75 (01:10,33) 400m: 04:28,01 (01:05,26)			
	Lotta Liebhold	2008	TSG TU Ilmenau 56 e.V.	04:29,02
	100m: 01:00,45 (01:00,45) 200m: 02:10,36 (01:09,91) 300m: 03:22,05 (01:11,69) 400m: 04:29,02 (01:06,97)			
	Marlene Zündel	2009	Tauchclub Harz	04:31,07
	100m: 01:00,48 (01:00,48) 200m: 02:12,06 (01:11,58) 300m: 03:22,06 (01:10,00) 400m: 04:31,07 (01:09,01)			
	Annett Lopez	1977	TC Marzahn e.V.	04:31,79
	100m: 01:01,26 (01:01,26) 200m: 02:10,76 (01:09,50) 300m: 03:22,04 (01:11,28) 400m: 04:31,79 (01:09,75)			
	Martha Blumenstein	2009	Tauchsportclub Erfurt e.V.	04:32,13
	100m: 01:02,01 (01:02,01) 200m: 02:13,12 (01:11,11) 300m: 03:25,90 (01:12,78) 400m: 04:32,13 (01:06,23)			
	Anabel Grabner	2009	Berliner TSC e.V.	04:35,15
	100m: 01:06,17 (01:06,17) 200m: 02:18,27 (01:12,10) 300m: 03:31,07 (01:12,80) 400m: 04:35,15 (01:04,08)			
	Friederike Kuntz	2009	TSC Rostock 1957	04:36,51
	100m: 01:04,50 (01:04,50) 200m: 02:16,42 (01:11,92) 300m: 03:27,81 (01:11,39) 400m: 04:36,51 (01:08,70)			
	Freya Buch	2010	TSC Rostock 1957	04:37,55
	100m: 01:05,78 (01:05,78) 200m: 02:18,45 (01:12,67) 300m: 03:31,75 (01:13,30) 400m: 04:37,55 (01:05,80)			
	Ella Demmrich	2008	TC Marzahn e.V.	04:38,10
	100m: 01:03,36 (01:03,36) 200m: 02:15,51 (01:12,15) 300m: 03:29,35 (01:13,84) 400m: 04:38,10 (01:08,75)			
	Lenja Eweleit	2011	TC Marzahn e.V.	04:39,66
	100m: 01:06,21 (01:06,21) 200m: 02:19,26 (01:13,05) 300m: 03:31,50 (01:12,24) 400m: 04:39,66 (01:08,16)			
	Margarethe Klar	1986	SG Dresden (TC)	04:42,63
	100m: 01:04,10 (01:04,10) 200m: 02:17,02 (01:12,92) 300m: 03:31,70 (01:14,68) 400m: 04:42,63 (01:10,93)			

noch Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

noch offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
	Lene Berger	2010	SC Riesa Sekt Flossenschwimmen	04:45,26	
	100m: 01:04,75 (01:04,75) 200m: 02:20,40 (01:15,65) 300m: 03:34,70 (01:14,30) 400m: 04:45,26 (01:10,56)				
	Marielena Rüdiger	2007	TC fez Berlin	04:46,19	RG
	100m: 01:08,78 (01:08,78) 200m: 02:25,47 (01:16,69) 300m: 03:39,53 (01:14,06) 400m: 04:46,19 (01:06,66)				
	Annie Seyfarth	2010	TSC Weimar e.V.	04:46,20	
	100m: 01:06,78 (01:06,78) 200m: 02:24,50 (01:17,72) 300m: 03:37,11 (01:12,61) 400m: 04:46,20 (01:09,09)				
	Mia Drewelow	2008	TSC Rostock 1957	04:46,32	
	100m: 01:07,49 (01:07,49) 200m: 02:20,92 (01:13,43) 300m: 03:35,70 (01:14,78) 400m: 04:46,32 (01:10,62)				
	Jula Reichardt	2010	TSC Rostock 1957	04:50,35	
	100m: 01:07,83 (01:07,83) 200m: 02:23,26 (01:15,43) 300m: 03:39,86 (01:16,60) 400m: 04:50,35 (01:10,49)				
	Romy Kießling	2009	Tauchclub Oberspree e.V.	04:50,92	
	100m: 01:08,17 (01:08,17) 200m: 02:23,10 (01:14,93) 300m: 03:39,53 (01:16,43) 400m: 04:50,92 (01:11,39)				
	Emily Müller	2011	TC submarin Pöbneck	05:04,16	
	100m: 01:10,92 (01:10,92) 200m: 02:29,08 (01:18,16) 300m: 03:49,64 (01:20,56) 400m: 05:04,16 (01:14,52)				
	Ida Hönisch	2011	SC Riesa Sekt Flossenschwimmen	05:18,04	
	100m: 01:12,38 (01:12,38) 200m: 02:35,43 (01:23,05) 300m: 04:00,11 (01:24,68) 400m: 05:18,04 (01:17,93)				
	Ronja Leonhardt	2011	TC Chemie Greiz e.V.	05:20,39	
	100m: 01:13,82 (01:13,82) 200m: 02:37,40 (01:23,58) 300m: 04:01,97 (01:24,57) 400m: 05:20,39 (01:18,42)				
	Ursula Tiszold	1963	Tauchsportclub Erfurt e.V.	05:39,91	
	100m: 01:16,45 (01:16,45) 200m: 02:43,29 (01:26,84) 300m: 04:12,60 (01:29,31) 400m: 05:39,91 (01:27,31)				

Internationale offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
	Juliane Starke	1997	Tauchclub Potsdam	03:46,03	
	100m: 00:53,26 (00:53,26) 200m: 01:51,35 (00:58,09) 300m: 02:50,07 (00:58,72) 400m: 03:46,03 (00:55,96)				
	Tessa Bublitz	2008	Berliner TSC e.V.	03:46,31	
	100m: 00:51,48 (00:51,48) 200m: 01:50,83 (00:59,35) 300m: 02:50,60 (00:59,77) 400m: 03:46,31 (00:55,71)				
	Johanna Köhn	1998	SSV Freiburg	03:46,86	
	100m: 00:54,15 (00:54,15) 200m: 01:51,62 (00:57,47) 300m: 02:50,69 (00:59,07) 400m: 03:46,86 (00:56,17)				
	Chiara Junghans	2003	Tauchclub Potsdam	03:48,04	
	100m: 00:53,25 (00:53,25) 200m: 01:50,88 (00:57,63) 300m: 02:50,28 (00:59,40) 400m: 03:48,04 (00:57,76)				

noch Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

noch Internationale offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Miriam Kupka	2005	TC Chemie Greiz e.V.	03:48,80
	100m: 00:53,79 (00:53,79) 200m: 01:51,83 (00:58,04) 300m: 02:51,92 (01:00,09) 400m: 03:48,80 (00:56,88)			
	Florentine Tesch	2005	TC fez Berlin	03:50,74
	100m: 00:50,70 (00:50,70) 200m: 01:48,41 (00:57,71) 300m: 02:49,34 (01:00,93) 400m: 03:50,74 (01:01,40)			
	Polina Kulchytska	2008	SC DHfK Leipzig Flossenschwimmen	03:55,75
	100m: 00:55,89 (00:55,89) 200m: 01:57,35 (01:01,46) 300m: 02:58,11 (01:00,76) 400m: 03:55,75 (00:57,64)			
	Meret Gerlach	2007	SSC Halle	03:58,53
	100m: 00:56,32 (00:56,32) 200m: 01:57,58 (01:01,26) 300m: 02:58,90 (01:01,32) 400m: 03:58,53 (00:59,63)			
	Emily Rödl	2007	TSC Schwandorf.de	03:59,04
	100m: 00:55,45 (00:55,45) 200m: 01:57,16 (01:01,71) 300m: 03:00,00 (01:02,84) 400m: 03:59,04 (00:59,04)			
	Louise Altenstein	2005	SG Finswimming Jena	04:00,64
	100m: 00:55,01 (00:55,01) 200m: 01:55,11 (01:00,10) 300m: 02:59,22 (01:04,11) 400m: 04:00,64 (01:01,42)			
	Caroline Steenken	1990	DJK - VfR Mülheim Saarn	04:01,57
	100m: 00:57,43 (00:57,43) 200m: 01:59,52 (01:02,09) 300m: 03:02,61 (01:03,09) 400m: 04:01,57 (00:58,96)			
	Alisa Darzhaniia	2009	Tauchsportclub Erfurt e.V.	04:01,80
	100m: 00:54,76 (00:54,76) 200m: 01:58,03 (01:03,27) 300m: 03:02,25 (01:04,22) 400m: 04:01,80 (00:59,55)			
	Elisa Mencke	2006	TSC Rostock 1957	04:03,61
	100m: 00:57,60 (00:57,60) 200m: 02:00,36 (01:02,76) 300m: 03:03,47 (01:03,11) 400m: 04:03,61 (01:00,14)			
	Julia Walter	2004	Binger Tauchsportclub e.V.	04:04,35
	100m: 00:57,75 (00:57,75) 200m: 02:00,93 (01:03,18) 300m: 03:03,80 (01:02,87) 400m: 04:04,35 (01:00,55)			
	Valeria Lazarenko	2010	DJK - VfR Mülheim Saarn	04:05,64
	100m: 00:58,26 (00:58,26) 200m: 02:02,15 (01:03,89) 300m: 03:05,69 (01:03,54) 400m: 04:05,64 (00:59,95)			
	Johanna Hermine Ullrich	2007	1. Chemnitzer Tauchverein e.V.	04:11,94
	100m: 00:57,41 (00:57,41) 200m: 02:03,72 (01:06,31) 300m: 03:10,82 (01:07,10) 400m: 04:11,94 (01:01,12)			
	Sandra Häßler	1977	DJK - VfR Mülheim Saarn	04:13,19
	100m: 00:59,11 (00:59,11) 200m: 02:02,84 (01:03,73) 300m: 03:08,79 (01:05,95) 400m: 04:13,19 (01:04,40)			
	Matilda Herzog	2009	Berliner TSC e.V.	04:15,02
	100m: 01:00,31 (01:00,31) 200m: 02:08,51 (01:08,20) 300m: 03:14,65 (01:06,14) 400m: 04:15,02 (01:00,37)			
	Elisabeth Risse	2007	Tauchclub Harz	04:15,03
	100m: 00:57,70 (00:57,70) 200m: 02:03,84 (01:06,14) 300m: 03:10,03 (01:06,19) 400m: 04:15,03 (01:05,00)			

noch Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

noch Internationale offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	Leonor Heinitz	2006	Tauchsportclub Erfurt e.V.	04:15,97
	100m: 01:00,47 (01:00,47) 200m: 02:05,72 (01:05,25) 300m: 03:12,63 (01:06,91)			
	400m: 04:15,97 (01:03,34)			
	Lisa Walter	1997	Binger Tauchsportclub e.V.	04:16,96
	100m: 01:00,10 (01:00,10) 200m: 02:06,25 (01:06,15) 300m: 03:12,34 (01:06,09)			
	400m: 04:16,96 (01:04,62)			
	Monique Klabunde	1971	TSC Weimar e.V.	04:17,84
	100m: 00:59,35 (00:59,35) 200m: 02:04,82 (01:05,47) 300m: 03:11,88 (01:07,06)			
	400m: 04:17,84 (01:05,96)			
	Elisa Hölzer	2009	Tauchclub Heilbronn	04:18,44
	100m: 00:58,88 (00:58,88) 200m: 02:06,07 (01:07,19) 300m: 03:13,59 (01:07,52)			
	400m: 04:18,44 (01:04,85)			
	Zoe Götz	2007	TC Marzahn e.V.	04:18,95
	100m: 00:59,32 (00:59,32) 200m: 02:05,67 (01:06,35) 300m: 03:14,32 (01:08,65)			
	400m: 04:18,95 (01:04,63)			
	Hedi Gelbricht	2009	TSC Rostock 1957	04:23,77
	100m: 01:01,60 (01:01,60) 200m: 02:09,26 (01:07,66) 300m: 03:18,41 (01:09,15)			
	400m: 04:23,77 (01:05,36)			
	Amelie Liedloff	2010	TC Marzahn e.V.	04:24,40
	100m: 01:00,56 (01:00,56) 200m: 02:09,69 (01:09,13) 300m: 03:19,52 (01:09,83)			
	400m: 04:24,40 (01:04,88)			
	Bella Stobbe	2011	Berliner TSC e.V.	04:26,03
	100m: 01:02,43 (01:02,43) 200m: 02:11,48 (01:09,05) 300m: 03:21,15 (01:09,67)			
	400m: 04:26,03 (01:04,88)			
	Steffi Leipold	1979	Tauchsportclub Erfurt e.V.	04:28,01
	100m: 01:01,19 (01:01,19) 200m: 02:12,42 (01:11,23) 300m: 03:22,75 (01:10,33)			
	400m: 04:28,01 (01:05,26)			
	Lotta Liebhold	2008	TSG TU Ilmenau 56 e.V.	04:29,02
	100m: 01:00,45 (01:00,45) 200m: 02:10,36 (01:09,91) 300m: 03:22,05 (01:11,69)			
	400m: 04:29,02 (01:06,97)			
	Marlene Zündel	2009	Tauchclub Harz	04:31,07
	100m: 01:00,48 (01:00,48) 200m: 02:12,06 (01:11,58) 300m: 03:22,06 (01:10,00)			
	400m: 04:31,07 (01:09,01)			
	Annett Lopez	1977	TC Marzahn e.V.	04:31,79
	100m: 01:01,26 (01:01,26) 200m: 02:10,76 (01:09,50) 300m: 03:22,04 (01:11,28)			
	400m: 04:31,79 (01:09,75)			
	Martha Blumenstein	2009	Tauchsportclub Erfurt e.V.	04:32,13
	100m: 01:02,01 (01:02,01) 200m: 02:13,12 (01:11,11) 300m: 03:25,90 (01:12,78)			
	400m: 04:32,13 (01:06,23)			
	Anabel Grabner	2009	Berliner TSC e.V.	04:35,15
	100m: 01:06,17 (01:06,17) 200m: 02:18,27 (01:12,10) 300m: 03:31,07 (01:12,80)			
	400m: 04:35,15 (01:04,08)			
	Friederike Kuntz	2009	TSC Rostock 1957	04:36,51
	100m: 01:04,50 (01:04,50) 200m: 02:16,42 (01:11,92) 300m: 03:27,81 (01:11,39)			
	400m: 04:36,51 (01:08,70)			

noch Wettkampf 19 - 400m Flossenschwimmen weiblich (Zeitläufe)

noch Internationale offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
	Freya Buch	2010	TSC Rostock 1957	04:37,55	
	100m: 01:05,78 (01:05,78) 200m: 02:18,45 (01:12,67) 300m: 03:31,75 (01:13,30)				
	400m: 04:37,55 (01:05,80)				
	Ella Demmrich	2008	TC Marzahn e.V.	04:38,10	
	100m: 01:03,36 (01:03,36) 200m: 02:15,51 (01:12,15) 300m: 03:29,35 (01:13,84)				
	400m: 04:38,10 (01:08,75)				
	Lenja Eweleit	2011	TC Marzahn e.V.	04:39,66	
	100m: 01:06,21 (01:06,21) 200m: 02:19,26 (01:13,05) 300m: 03:31,50 (01:12,24)				
	400m: 04:39,66 (01:08,16)				
	Margarethe Klar	1986	SG Dresden (TC)	04:42,63	
	100m: 01:04,10 (01:04,10) 200m: 02:17,02 (01:12,92) 300m: 03:31,70 (01:14,68)				
	400m: 04:42,63 (01:10,93)				
	Lene Berger	2010	SC Riesa Sekt Flossenschwimmen	04:45,26	
	100m: 01:04,75 (01:04,75) 200m: 02:20,40 (01:15,65) 300m: 03:34,70 (01:14,30)				
	400m: 04:45,26 (01:10,56)				
	Marielena Rüdiger	2007	TC fez Berlin	04:46,19	RG
	100m: 01:08,78 (01:08,78) 200m: 02:25,47 (01:16,69) 300m: 03:39,53 (01:14,06)				
	400m: 04:46,19 (01:06,66)				
	Annie Seyfarth	2010	TSC Weimar e.V.	04:46,20	
	100m: 01:06,78 (01:06,78) 200m: 02:24,50 (01:17,72) 300m: 03:37,11 (01:12,61)				
	400m: 04:46,20 (01:09,09)				
	Mia Drewelow	2008	TSC Rostock 1957	04:46,32	
	100m: 01:07,49 (01:07,49) 200m: 02:20,92 (01:13,43) 300m: 03:35,70 (01:14,78)				
	400m: 04:46,32 (01:10,62)				
	Jula Reichardt	2010	TSC Rostock 1957	04:50,35	
	100m: 01:07,83 (01:07,83) 200m: 02:23,26 (01:15,43) 300m: 03:39,86 (01:16,60)				
	400m: 04:50,35 (01:10,49)				
	Romy Kießling	2009	Tauchclub Oberspree e.V.	04:50,92	
	100m: 01:08,17 (01:08,17) 200m: 02:23,10 (01:14,93) 300m: 03:39,53 (01:16,43)				
	400m: 04:50,92 (01:11,39)				
	Emily Müller	2011	TC submarin Pößneck	05:04,16	
	100m: 01:10,92 (01:10,92) 200m: 02:29,08 (01:18,16) 300m: 03:49,64 (01:20,56)				
	400m: 05:04,16 (01:14,52)				
	Ida Hönisch	2011	SC Riesa Sekt Flossenschwimmen	05:18,04	
	100m: 01:12,38 (01:12,38) 200m: 02:35,43 (01:23,05) 300m: 04:00,11 (01:24,68)				
	400m: 05:18,04 (01:17,93)				
	Ronja Leonhardt	2011	TC Chemie Greiz e.V.	05:20,39	
	100m: 01:13,82 (01:13,82) 200m: 02:37,40 (01:23,58) 300m: 04:01,97 (01:24,57)				
	400m: 05:20,39 (01:18,42)				
	Ursula Tiszold	1963	Tauchsportclub Erfurt e.V.	05:39,91	
	100m: 01:16,45 (01:16,45) 200m: 02:43,29 (01:26,84) 300m: 04:12,60 (01:29,31)				
	400m: 05:39,91 (01:27,31)				